

Candyce Ossefort-Russell, LPC, PLLC

Psychotherapy

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ENRICHED AEDP INTENSIVE VIDEO SUPERVISION & TRAINING

- Beginning Fall 2011 -

This course is for people who have had some exposure to AEDP, and who feel ready to dive in to intensive AEDP supervision, with videotape.

As AEDP so powerfully demonstrates, deep and positive transformations occur in the context of safe, supportive and positive relationships. This intensive AEDP training program offers a quintessential opportunity to learn the theory and practice of AEDP in the inspiring company of other motivated colleagues. This group will integrate a primary focus on supervision from videotape with didactic presentations and demonstrations by Candyce.

This training group embodies the idea of “receiving AEDP while learning AEDP.” That is, I will provide a safe and relationally grounded group context in which each group member receives individual supervision from videotapes of their clinical sessions, with the other members of the group watching and participating in a group supervision process. This way, supervisees can learn both from their own supervision and the supervision of others via exposure to many other patient-clinician and clinician-supervisor dyads. I will also provide didactic, experiential, and group process opportunities within this deep, rich, bonded group format.

Studying AEDP in this manner will put AEDP “into your bones,” so that you will feel deeply confident and natural with the work at the end of a two- or three-year round of training.

Core Training groups meet intensively for 5 weekends over the course of a calendar year or an academic year (September to June), and usually consist of 8-10 members. The concentrated time that members spend together immersed in learning AEDP tends to foster a culture of trust and generosity which allows the risk-taking of exposing one’s own videotaped work, many opportunities to learn from the work of others, and a supportive environment that is uniquely suited for optimal experiential and reflective learning.

TRAINING FORMAT AND DETAILS:

See next page.

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- 5 Weekends; All Day Saturday/All Day Sunday; October 2011 – June 2012
 - o October 8-9, 2011
 - o December 3-4, 2011
 - o February 4-5, 2012
 - o April 21-22, 2012
 - o June 2-3, 2012
- Commitment to entire year required; CEUs at no additional cost
- Group size limited to 8 (as opposed to 10 in AEDP Institute)
- \$400 per weekend (as opposed to \$650 per weekend through AEDP Institute)
- \$200 deposit
- 5% discount if year's tuition is paid in lump sum on or before 9/15 (\$1900 rather than \$2000); OR five \$400 payments due on or before each class weekend

About Candyce: I am a clinician, supervisor, trainer, and writer in private practice. My therapeutic perspective has emerged out of intensive life experience and rigorous training, and I have actively lived and studied psychological and spiritual perspectives of suffering and transformation for 20 years. I am the only certified AEDP therapist in the state of Texas, and I served on the AEDP Institute Faculty for 3 years. I trained for more than 5 years with Diana Fosha, AEDP Founder, and with Ron Frederick, AEDP Senior Faculty. I have extensive experience working from an AEDP perspective with individuals and groups in the areas of trauma, grief, life transition, depression, and parenting; as well as in teaching, leading groups, and supervising interns. I continue to study body-based therapies and updates in interpersonal neurobiology and attachment theory on an ongoing basis. My warm and emotionally engaged style provides a safe and connected atmosphere for growth and learning.

***CONTACT CANDYCE at 512-789-6244 OR candyce@candycecounseling.com
to apply or for more information.***